

Maria P. Hanzlik, PsyD, HSPP-Clinical Psychologist Jessicah D. Walker, PhD, HSPP-Counseling Psychologist Josie Gronbach, PsyD-Post-Doctoral Resident

ACKNOWLEDGMENT: RECEIPT OF HIPAA NOTICE OF PRIVACY PRACTICES

I have received a copy of HIPAA Notice of Priv	vacy Practices from IPCI effective July 1, 2015.
Patient Name (please print):	
Patient Signature:	
Date:	
(For couples) Name (please print):	
Signature:	
Date:	
I am a parent or legal guardian of Privacy Practices from IPCI effective July 1, 201	(patient name). I have received a copy of Notice of 5.
Name (please print):	
Relationship to Patient: Parent	Legal Guardian
Signature:	
Date:	
	OR OFFICE USE ONLY:
Notice of Privacy Practices effective July 1, 2015 was given t	to individual on (date)
☐ In Person ☐ Mailing ☐ Email ☐ Other	
Reason individual or parent/legal guardian did not sign this Did not want to Did not respond after more than one attempt Other	form:
Signature: Dat	e:



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Consent to Treatment-Couples Therapy

I have fully discussed with my clinician the various aspects of the patient agreement. This has included a discussion of my evaluation/intake as well as the method of treatment. The nature of the treatment has been described, including the extent, its possible side effects, and possible alternative forms of treatment. For therapy regarding sexual concerns, I understand that this type of therapy never includes physical/sexual contact or other such boundary violations. My clinician has discussed with me scheduling, the nature of the fee and policies regarding missed appointments. My clinician has explained to me the limitations of confidentiality. I understand I may withdraw from treatment at any time, but if I decide to do this, I will discuss my plan with my clinician before acting on it. My only financial obligation, should I decide to stop treatment, is to pay for the services I have already received.

I have read the above and fully understand the diagnosis, the nature of treatment, the alternatives to this treatment, the limits of confidentiality in this relationship, and the circumstances in which confidential communications may need to be breached.

Please initial after the following statements: I authorize the release of any information acquired in the course of examination or treatment necessary to process an insurance claim. I also assign payment of insurance benefits to the provider for services rendered for in-network benefits. Initial Initial I understand and agree that I am ultimately responsible for the balance on my account for any professional services rendered, regardless of my insurance status. I understand that if collection proceedings are necessary, I will pay all fees with collecting this bill. Initial Initial (For out-of-network patients) I understand that my clinician is not an in-network provider with my insurance company, . As a result, I understand that I am responsible for payment up front, and my clinician will provide me with the necessary documentation for me to file a claim with my health insurance company, if applicable. The cost of the session is Initial Initial I understand that both partners are legally holders of the medical record, even though the record is in one individual's name. Initial Initial

(If applicable) I authorize communication between the information between	veen my clinician and referring physician nat I have initiated services (separate rele	
of information).	nat I have initiated services (separate rele	ease is required for further exchange
Initial Initial		
I would like to be contacted for appointmen apply):	t reminders and other correspondence v	ia the following ways (check all that
☐ Telephone (please provide preferred num	bers):	
Partner 1	Partner 2	-
☐ Voicemail Messages:		
Partner 1	Partner 2	_
☐ Text Messages (if different than above):		
Partner 1	Partner 2	_
■ Emails:		
Partner 1	Partner 2	-
☐ Postal Mail (include address if other than	provided):	
Partner 1	Partner 2	_
Patient Signature	Date	
Printed Name	Date	
Patient Signature	Date	
Printed Name	Date	
Witness Signature	Date	
Witness Printed Name	Date	



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Adult Patient Information Form: Couples

Today's Date:			
Name/Partner 1:		_ Date of Birth:	Age: _
Gender:	Gender Pronouns: _		
Sexual Orientation:		Race/Ethnicity:	
Partner/Relationship Sta	atus:		
Street Address:			
City:	State:	Zip Code:	
Preferred Phone Numbe	r (home/work/cell):		
Secondary Phone Numb	er (home/work/cell):		
Current Medications:			
Previous Mental Health	Services:		
Gender:	Gender Pronouns:		
Sexual Orientation:		Race/Ethnicity:	
Partner/Relationship Sta	atus:		
Street Address:			
City:	State:	Zip Code:	
Preferred Phone Numbe	r (home/work/cell):		
Secondary Phone Numb	er (home/work/cell):		

-
-
-
-



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CREDIT CARD AUTHORIZATION FORM

NAME OF PATIENT:
NAME ON CARD:
BILLING
ADDRESS:
Circle one: VISA MASTERCARD DISCOVER AMERICAN EXPRESS
ACCOUNT #:
EXPIRATION DATE:
CVC # (ON BACK OF CARD):
By signing this form, I authorize IPCI and my clinician to charge this card. I may choose to use other forms of payment such as cash, check or an HSA account. I understand that should my account be <u>30 days overdue</u> , I authorize Integrated Psychological Center of Indiana and my clinician to automatically charge this card.
I hereby grant permission to charge my credit card after every session(s) (initials)
or
I hereby grant permission to charge my credit card if my balance reaches \$100 without further authorization.
AUTHORIZED SIGNATURE:
DATE:



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AUTHORIZATION FOR RELEASE OF INFORMATION

I,	do hereby consent and autho	orize my provider and/or IPCI,	
TO DISCLOSE to			
	Name/Address/Telephor	ne Number	
The following specific information:	regarding (self/child's name)	:	
Admission Attendance in Treatment Progress in Treatment Prognosis/Diagnosis	Discharge Summary Patient Demographic Information Treatment Plans		
I understand that this information is	s to be used for the purpose	of:	
Patient/Guardian Signature		Witness Signature	
Printed Patient/Guardian Name		Witness Printed Name	
Date		Date	
I,	do hereby consent and author	orize my provider and/or IPCI,	
TO RECEIVE from			
	Name/Address/Telephor	e Number	
The following specific information:	regarding (self/child's name)	:	
Admission Attendance in Treatment Progress in Treatment Prognosis/Diagnosis	Discharge Summary Patient Demographic Information Treatment Plans		
I understand that this information is	s to be used for the purpose	of:	
Patient/Guardian Signature		Witness Signature	
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Date		Date	



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Josie Gronbach, PsyD-Post-Doctoral Resident

Couple History Form		
(Each partner to complete separately)		
Name: Today's Date:		
This form, along with your partner's Couple History Form, will be used during your intake session to guide the initial assessment process and make the most of our first session together.		
Presenting Problem: What brings you in for couples therapy at this point?:		
How do you see the problem(s) in the relationship?:		
Current Relationship Dynamics: What are your relationship strengths?:		
How the two of you communicate about the following: Day to day information (i.e. work, household tasks, plans)		
When there is disagreement:		
Issues related to your children/parenting (if applicable):		
Sex:		
Please describe any current stressors that may be affecting your relationship:		

Relationship History: How did you meet your partner?:
How long were you together before you first became seriously committed to each other?:
What first attracted you about your partner and are those qualities still present?:
What did you like best/least about your partner?:
When did your relationship change and what occurred around that time?:
Have there been any relationship betrayals? If so, please explain:
Please describe any past stressors that could have affected your relationship:
Sexual Orientation: Please describe your sexual orientation:
Please describe your coming out history (if applicable):
Sexual Relationship History: When was your first sexual encounter with each other? Please describe this experience:
What is your sex life like now? Please describe frequency <i>and</i> quality of sex:

Please circle/highlight any specific sexual difficulties that are occurring: Low desire Low arousal Difficulty reaching orgasm Premature / rapid ejaculation Delayed ejaculation Pain with vaginal penetration Pain with anal penetration Discrepancies in level of sexual desire with your partner Sexual avoidance Feelings of embarrassment talking about sex with a partner Are there any other sexual concerns you might want to discuss with your clinician? Y/N (Feel free to write those below or wait until face to face session to discuss) **INDIVIDUAL HISTORY** This section includes information about you, individually, that may contribute to some struggles you are experiencing as a couple. Mental Health History: Please list any current mental health symptoms you may be experiencing: How long have you been dealing with these concerns?: Please list past outpatient therapy you may have received: (Name of therapist/length of time in therapy/type of work completed/past diagnoses)

Please list past inpatient mental health hospitalization you may have received: (Name of hospital/location/length of stay/age of hospitalization/reason for hospitalization)

Please list past and current medications you have been prescribed/are using:

Medication name

Dosage

Reason for med.

Taking as prescribed? (Y/N)

Educational History:

Highest level of education/name of school:

Please list/describe any trouble you may have experienced in school (academic or behavioral)?:

Employment History:

Occupation:

Place of employment:

Have you ever been fired from a position? Y/N

If Yes, what were the circumstances?:

Military Status (circle all that apply)

Branch of military/Discharge Status/Reason for discharge/Tours of duty completed

Social Functioning:

Who do you rely on for support?:

What do you do for fun?:

As a couple

As an individual

Medical History:

Please list any medical conditions you have and rate how well managed they are (good, fair, poor):

Please list any surgeries you may have had:

Please list any hospitalizations you may have had for a medical condition/length of stay:

Family of Origin History:

Place of birth:

By whom were you raised?:

Relationships with family members (e.g. good, fair, poor, abusive, no contact):

(QoR=Quality of Relationship)

Name Relationship Past QoR Current QoR Mental Health Symptoms/Diagnoses

Please list other family members not listed above who may have had diagnosed or undiagnosed mental health conditions:

Please describe your parents' relationship (connected/loving/conflictual/violent). How did they handle conflict?

Please list any other significant attachment figures in your life growing up:

How was sex communicated about in your family of origin?:

Trauma History

The purpose of this section is for me to have a better understanding if there have been past experiences of trauma on your part that may be affecting you in the present. We can discuss this section in more detail when we meet in person.

Please circle/highlight any of the following you may have experienced:

Physical abuse Emotional/verbal abuse Sexual abuse

Witnessing violence (including domestic violence)

Bullying

Confusing experiences/boundary violations Peer rejection

Natural disasters

Loss of a parent or other important caregiver

Substance Use:

Please check the following substances you have used in the past and currently:

	Past	Current
Alcohol		
Wine		
Liquor		
Beer		
Marijuana (any form)		
Cocaine		
Crack Cocaine		
Hallucinogens		
Inhalants		
"Club Drugs" (i.e. Ecstasy)		
Heroin		

Prescription Drugs (not as prescribed)
Stimulants
Tobacco
Caffeine
Other
Has anyone ever expressed concern that you might need to cut back on your use? (Y/N/Who/Circumstances):
If so, have you felt annoyed/irritated and has it caused conflict?:
Please list any prior treatment for drug or alcohol use: (Inpatient/Intensive Outpatient/Educational/Detox/Date/Location):
Legal History:
Wrap-Up: What are you strengths as a couple?: 1. 2.
3.
What are your vulnerabilities or challenges as a couple?: 1.
2.
3.
What are 3 changes you would ask of and/or want from your partner? 1.
2.
3.

Other Important Information Your Clinician Should Know About:

Goals for couples therapy: Short-Term Long-Term 1. 1. 2. 2. 3. 3.