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Informed Consent

The Hold Me Tight™ Program: Conversations for Connection is an educational resource for couples interested in enhancing the quality of their relationship. This program is not intended to be a substitute for individual or couples therapy with a trained, professional therapist. If you, your partner, or family member are experiencing significant relationship distress, serious depression, or mental health problems, we urge you to seek professional treatment immediately and consider using this program only with the help of a trained mental health professional. Consequently, we are still mandated reporters to report any suspicion of physical, sexual, emotional abuse, neglect of youth and older adults.

This group program is designed to assist you in understanding your relationship and provides guidelines for enhancing the quality of your relationship. You understand that you are fully and solely responsible for the results and decisions you make regarding your use of the content of this program.

Payment Authorization & Policy

Full payment is due for registration to be secured. If cancellations are necessary, the following options are available:

- Cancellations made more than 30 days prior to the event will receive a full refund minus a \$50 administration fee.
- Cancellations made between 15 and 29 days prior to the event will receive a 50% refund minus a \$50 administration fee.
- Cancellations made with less than 2 weeks' notice are not eligible for a refund, but can be transferred to future workshops within 1 year from the date of the original event.
- If a waiting list participants are able to fill your spot, you will also receive a full refund, but this cannot be guaranteed.

Informed Consent (cont'd)

Your signature below indicates that you have read, understand, and agree to the above policies.

Printed name (partner 1)

Signature (partner 1)

Date (partner 1)

Printed name (partner 2)

Signature (partner 2)

Date (partner 2)